

ShaRK 400m 2026: Session: 1: Startlist per athlete for TEAM: KST

Coachinfo: Warming up from: 12:20 untill 13:25. Teamleadmeeting @ 13:00

The listed starttimes are indicative!

Coaches: Degelin Lieselot

Coaches: Stabel Siegfried HEADCOACH

Coaches: Reymen Rika

PB => Personal Best time

Athlete: ADAMS LOUISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	6	4	no time	07:38.86	14:55

Athlete: ADAMS MATHIS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	4	3	05:22.03	05:24.61	16:40

Athlete: LEYSEN BENJAMIN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	5	3	04:55.49	05:15.75	16:45

Athlete: LEYSEN JEROEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY MEN 11+	2	2	4	05:37.08	05:42.16	14:00

Athlete: LEYSEN MATHIJS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	1	5	no time	no time	14:15

Athlete: MICHIELS TJEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	2	5	06:36.70	no time	16:25

Athlete: SAZONOV VICTOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	3	2	06:14.73	no time	16:30

Athlete: STABEL JASPER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY MEN 11+	2	3	6	05:27.77	05:36.09	14:10

Athlete: VAN OTTEN NOOMI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	1	2	no time	no time	15:20

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Athlete: VANDERHALLEN JISSE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	2	4	06:34.03	07:29.46	16:25

Athlete: VERMEERSCH DEGELIN COLETTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	4	2	06:42.80	06:59.54	15:45

Athlete: VERMEERSCH DEGELIN TOKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	5	3	no time	no time	14:50